



**CrossFit Des Moines**  
**1<sup>st</sup> Annual**  
**Maltz Challenge**  
**Des Moines 2011**

**Saturday March 26, 2011**  
**1:00p Registration Begins**  
**CrossFit Des Moines**  
**Urbandale, IA**

**Suggested \$20 Donation to DEA Survivors Benefit Fund**

The US Drug Enforcement Administration sponsors an annual physical fitness event called the “Maltz Challenge.” The workout is named after DEA Special Agent’s Brother, Master Sergeant Michael Maltz. MSGT Maltz, a US Air Force Pararescue Jumper, was killed in 2003, while attempting a rescue of injured and sick children in Afghanistan. The Maltz Challenge commemorates the lives of not only Michael Maltz, but all fallen military service members and law enforcement officers.

2011 will be the first year CrossFit Des Moines will officially host the event. CrossFit Des Moines is honored to host the event, as CrossFit Des Moines has very close ties with the Pararescue Community. All Proceeds will go the DEA Survivors Benefit Fund.

